Contents

Preface ........................................... xix

PART I THE MICROBIAL WORLD ......................... 2

CHAPTER 1 The Microbial World: Surprising and Stunning .... 5
Looking Ahead ....................................... 5
Why Microbes Matter ................................ 7
Down on the Farm
In the Industrial Plant
At the Hub of Biotechnology
With Most Meals
In the Environment
In the Pharmaceutical Lab
The Roots of Microbiology ......................... 13
Robert Hooke
Anton van Leeuwenhoek
Louis Pasteur
Robert Koch
The Golden Age of Microbiology .................. 17
Into the Twentieth Century ......................... 20
The Microbial World ............................... 21
Bacteria
Protozoa
Algae
Fungi
Viruses
A Final Thought .................................... 25

CHAPTER 2 Microbes in Perspective: Of Collectors and
Classifiers ........................................ 27
Looking Ahead ....................................... 27
Microbes in the Biosphere ......................... 29
Classification
Prokaryotes and Eukaryotes
The Five Kingdoms
The Three Domains
Naming and Measuring Microbes ................. 35
Binomial and Common Names
Microbial Measurements
Microscopy: Seeing the Unseen .................. 38
Light Microscopy
Other Types of Microscopy
A Final Thought .................................... 41
CHAPTER 3  Molecules of the Cell: The Building
Blocks of Life ........................................... 43
Looking Ahead ........................................... 43
The Molecules of Microbes ......................... 45
Carbohydrates ......................................... 45
Polysaccharides
Dehydration Synthesis
Structural Polysaccharides
Lipids ..................................................... 48
Triglycerides
Phospholipids
Steroids
Proteins ................................................... 50
Amino Acids
Protein Structure
Nucleic Acids .......................................... 54
A Final Thought ....................................... 56

CHAPTER 4  The DNA Story: Germs, Genes, and Genomics .. 58
Looking Ahead ........................................... 58
The Roots of DNA Research ....................... 60
Mendel and Morgan
Focus on DNA
The Structure of DNA
DNA Replication
DNA to Protein ........................................ 68
The Intermediary and the Genetic Code
Transcription
Translation
Gene Regulation
Genes and Genomics ................................ 77
The Beginning
The Methods of Genome Research
Microbial Genomes
The Human Genome
Beyond the Genome
A Final Thought ....................................... 85

CHAPTER 5  Bacteria: The First Microbes ............... 87
Looking Ahead ........................................... 87
Bacterial Structure and Physiology .............. 90
General Morphology
Staining Procedures
Surface Structures
Cytoplasmic Structures
Bacterial Reproduction
Bacterial Growth
The Spectrum of Bacteria ......................... 99
Archaeobacteria (Archaea)
Photosynthetic Bacteria
Heterotrophic Eubacteria
Spiral and Filamentous Bacteria
Girling and Sheathed Bacteria
CHAPTER 6  Viruses: At the Threshold of Life  108
Looking Ahead  108
The Discovery and Structure of Viruses  109
The Development of Virology
The Structure of Viruses
The Components of Viruses
Viral Replication  114
The Stages of Replication
Viral Replication and Disease
Defense Against Viruses
Viral Vaccines
When Viruses Don’t Replicate
Viral Cultivation
Viruses as Research Tools
Viruses and Evolution
Viroids and Prions
Viruses and Cancer  124
The Development of Cancer
The Involvement of Viruses
How Viruses Transform Cells
A Final Thought  127

CHAPTER 7  Protists: A Microbial Grab Bag  129
Looking Ahead  129
CHAPTER 8
Fungi: Yeasts and Warm Fuzzies .......................... 150
Looking Ahead ..................................................... 150
Classification, Structure, and Growth of Fungi ............ 152
- Structure of Fungi
- Nutrition in Fungi
- Reproduction in Fungi
Divisions of Fungi .............................................. 156
- Zygomycota
- Ascomycota
- Basidiomycota
- Deuteromycota
Beneficial and Harmful Fungi ............................... 162
- Yeasts
- Lichens
- Mycorrhizae
- Fungi and Human Diseases
A Final Thought .................................................. 167

CHAPTER 9
Growth and Metabolism: Running the Microbial Machine ... 170
Looking Ahead ..................................................... 170
Microbial Growth .............................................. 172
- Population Growth
- Water and Temperature
- Oxygen and Acidity
- Other Factors
Microbial Metabolism ......................................... 176
- Enzymes
- Energy
- Respiration and Glycolysis
- Fermentation
- The Krebs Cycle
- The Electron Transport System and Chemiosmosis
- Anaerobic Metabolism
- Photosynthesis
A Final Thought .................................................. 191
CONTENTS

CHAPTER 10  Microbial Genetics: New Genes for the Germs  193
  Looking Ahead  193
  Bacterial DNA  194
    The Bacterial Chromosome
    Plasmids
  Gene Mutations  197
    Causes of Mutation
    Transposons
  Gene Recombinations  200
    Conjugation
    Transduction
    Transformation
    In Today's World
  Genetic Engineering  209
    The Beginnings of Genetic Engineering
    The First Recombinant DNA Molecule
    Engineered Chimeras
    The Implications
  A Final Thought  214

CHAPTER 11  Controlling Microbes: Not Too Hot to Handle  216
  Looking Ahead  216
  Physical Methods of Control  217
    Heat Methods
    Radiation
    Drying
    Filtration and Refrigeration
PART II MICROBES AND HUMAN AFFAIRS 240

CHAPTER 12 Microbes and Food: A Menu of Microbial Delights 243

Looking Ahead 243
Beginning Our Meal 245
A Glass of Wine
The Appetizers
Of Salad and Bread
Continuing Our Meal 251
The Main Course
A Refreshing Beer
Dessert
And in Conclusion
A Final Thought 257

CHAPTER 13 Food Preservation and Safety: The Competition 259

Looking Ahead 259
Food Spoilage 260
General Principles
The Conditions for Spoilage
Meats
Fish
Poultry and Eggs
Milk and Dairy Products
Breads and Bakery Products
Grains
Food Preservation 269
Heat
Pasteurization
Low Temperatures
Drying
Osmotic Pressure
Chemical Preservatives
Radiation
Contents

Preparing Food-borne Disease .................... 275
Helpful Suggestions
HACCP Systems
A Final Thought ................................. 278

CHAPTER 14 Biotechnology and Industry:
Microbes at Work ................................ 280

Looking Ahead ..................................... 280
Microbes and Gene Technology ................... 281
Pharmaceutical Products
Antisense Molecules
Biotech Vaccines
DNA Vaccines
DNA Analyses and Microbial Detection
DNA Fingerprinting
The Methods of Biotechnology

Microbes and Industry ............................ 294
Industrial Enzymes
Organic Acids and Vitamins
Other Microbial Products
Antibiotics
A Final Thought .................................... 300
CHAPTER 15 Microbes and Agriculture: No Microbes, No Hamburgers .................................. 302
Looking Ahead ........................................ 302
Microbes on the Farm .................................. 304
  Connecting the Nitrogen Dots
  Those Remarkable Ruminants
  At the Dairy Plant
  Of Curds and Whey
Biotechnology on the Farm .......................... 313
  DNA Into Plant Cells
  Bacterial Insecticides
  Viral and Fungal Insecticides
  Biotech Replacements
  Resistance to Herbicides
  Pharm Animals
  Genetically Modified Foods
  Veggie Vaccines
A Final Thought ...................................... 322

CHAPTER 16 Microbes and the Environment: No Microbes, No Life .................. 325
Looking Ahead ........................................ 325
The Cycles of Nature .................................. 326
  The Earth Ecosystem
  The Carbon Cycle
  The Sulfur Cycle
  The Nitrogen Cycle
  The Phosphorus Cycle
  The Oxygen Cycle
Preserving the Environment ....................... 334
  Sanitary and Waste Facilities
  Bioremediation
  The Pollution Problem
  Microbe Detection Methods
  Water Treatment
A Final Thought ...................................... 343

CHAPTER 17 Disease and Resistance: The Wars Within ..... 345
Looking Ahead ........................................ 345
The Host–Parasite Relationship .................. 346
  Concepts of Infectious Disease
  The Establishment of Disease
Non-specific Resistance to Disease .............. 352
  Mechanical and Chemical Barriers
  Phagocytosis and Other Factors
Specific Resistance and the Immune System .... 356
  Antigens
    Origin of the Immune System
    Cell-Mediated Immunity
    Antibody-Mediated Immunity
    Destructive Immune Processes
A Final Thought ...................................... 372
CHAPTER 18 Viral Diseases of Humans: AIDS to Zoster 374
  Looking Ahead ........................................... 374
  Viral Diseases of the Skin: .............................. 375
    Herpes Simplex
    Chickenpox (Varicella)
    Measles (Rubella)
    Rubella (German Measles)
    Fifth Disease (Erythema Infectiosum)
    Mumps
    Smallpox
    Warts
  Viral Diseases of the Respiratory Tract .................. 381
    Influenza and Para-influenza
    Adenovirus Infections
    Respiratory Syncytial Disease
    Rhinovirus Infections
  Viral Diseases of the Nervous System .................... 385
    Rabies
    Polio
    Slow Virus (Prion) Diseases
    Arboviral Encephalitis
  Viral Diseases of the Visceral Organs .................... 388
    Yellow Fever
    Dengue Fever
    Infectious Mononucleosis
    Hepatitis A
    Hepatitis B
    Viral Gastroenteritis
    Viral Hemorrhagic Fevers
    Cytomegalovirus Disease
    HIV Infection and AIDS

A Final Thought ......................................... 398

CHAPTER 19 Bacterial Diseases of Humans: Slate-Wipers and Current Concerns 401
  Looking Ahead ........................................... 401
  Airborne Bacterial Diseases: ............................ 402
    Streptococcal Diseases
    Diphtheria
    Pertussis
    Bacterial Meningitis
    Tuberculosis
    Legionnaires’ Disease (Legionellosis)
    Bacterial Pneumonia
    Other Respiratory Diseases
  Food-borne and Waterborne Bacterial Diseases ............ 409
    Botulism
    Staphylococcal Food Poisoning
    Salmonellosis
    Typhoid Fever
    Shigellosis
    Cholera
    E. Coli Diarrheas
Peptic Ulcer Disease
Campylobacteriosis
Listeriosis
Brucellosis
Other Intestinal Diseases
Salmonella Bacterial Diseases................. 416
Anthrax
Tetanus
Gas Gangrene
Arthropod-borne Bacterial Diseases............ 420
Plague
Tularemia
Lyme Disease
Relapsing Fever
Rocky Mountain Spotted Fever
Typhus Fever
Other Rickettsial Diseases
Sexually Transmitted Diseases................. 424
Syphilis
Gonorrhea
Chlamydia
Other Sexually Transmitted Diseases
Contact and Miscellaneous Bacterial Diseases...... 427
Leprosy (Hansen’s Disease)
Staphylococcal Skin Disease
Conjunctivitis and Trachoma
Animal Contact Diseases
Dental Diseases
Urinary Tract Disease
Nosocomial Infections....................... 431
Bacterial Nosocomial Infections
Multidrug-Resistant Organisms (MDRO)
A Final Thought.......................... 434
Glossary.................................. G-1
Index.................................... I-1
Photo Acknowledgments..................... I-16